

Together, how can we improve Transitions in Care from the ICU?

Are you interested in:

- Learning about what it means to transition from the ICU to other care settings, such as the hospital ward or community?
- Engaging in a conversation about how we can improve Transitions in Care from the ICU?

Please join us for an interactive evening with a diverse panel, that includes a survivor of critical illness, a family caregiver, a mix of critical care professionals, a rehabilitative care professional, and a research scientist, all of whom have unique and different experiences with Transitions in Care.

What: Café Scientifique

When: March 12, 2019 from 6:30 to 8:30pm

Where: Toad 'N' Turtle, 2004 – 50th Avenue, Red Deer, Alberta



Light snacks will be provided.

To RSVP for this FREE event, email Popy.Karavidas@ahs.ca



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Café Scientifique Guest Panel Profiles



Dr. Kirsten Fiest is an Assistant Professor of Critical Care Medicine with cross appointments in the Departments of Community Health Sciences and Psychiatry at the University of Calgary. Dr. Fiest is the Director of Research & Innovation in the Department of Critical Care Medicine at the University of Calgary. She received her PhD in epidemiology from the University of Calgary and completed a postdoctoral fellowship in Epidemiology at the University of Manitoba. She has been awarded numerous competitive funding awards for her current research program focusing on delirium in the intensive care unit (ICU).



Charlene McKenzie has worked as a nurse and unit clerk for AHS for 40 years. She currently works at the Innisfail Hospital on the acute care unit. In January 2017, Charlene was admitted to Red Deer Hospital with pneumonia and an empyema in her right lung. She spent 1 month in ICU barely clinging to life and was not expected to live. Charlene was later transferred to the Innisfail Hospital and did extensive physio for 2 1/2 months, where she had to learn to walk and write again. Charlene continues to have ongoing health issues that impact her because of her critical illness, but she does not let any of them defeat her!



Dr. Grant is a Physical Medicine & Rehabilitation specialist. He is a Clinical Assistant Professor at the University of Calgary in the Department of Critical Care Medicine as well as the Department of Clinical Neurosciences. He works in trauma and critical care rehabilitation and he leads the Calgary ICU Recovery Clinic (www.ahs.ca/icurecovery).



Café Scientifique Guest Panel Profiles



Joanne Fleischer is a mother of 2 young women, both of whom spent time at the U of A ICU over the past 4 years. Her youngest daughter Melissa underwent a lifesaving lung transplant and was in the Mazankowski ICU. Her oldest daughter Stacey was diagnosed with liver cancer, had extensive liver surgery, and spent time in the General Systems ICU. Unfortunately, Stacey's cancer recurred and she passed away at the Red Deer hospital in January 2018. In October 2018, Melissa became ill and was diagnosed with liver failure and underwent a liver transplant in November 2018, but developed a severe lung infection and passed away in the ICU in January 2019. The care that her daughters and family received was exceptional, with the utmost respect and professionalism while maintaining a very personal touch.



Dr. Michael Russell is the Division Chief of Critical Care Medicine at the Red Deer Regional Hospital. He practices Critical Care Medicine and General Internal Medicine in the Central Zone. Dr. Russell completed his Internal Medicine residency and Critical Care fellowship at the University of Calgary, and in addition to his clinical medical training has completed a PhD in Biochemistry and Molecular Biology and a Master's degree in Healthcare Quality, Risk and Safety. Dr. Russell's current clinical and research focus is in the optimization of healthcare delivery in critical care and general internal medicine in a regional hospital setting.



Joanne Crook is a Social Worker in her 28th year of practice. She has enjoyed a varied career, including roles within Child and Family Services, Education, and now Alberta Health Services. Although Joanne has been the Social Worker in the ICU at the Red Deer Regional Hospital for a short time, she immediately recognized the traumatic impact an ICU journey can have on both patients and their family. Joanne is honored to walk alongside patients and their loved ones, supporting them during their stay in ICU, preparing them for transition to the ward, and beyond.

