

CURRICULUM VITAE

Tanya E. Mudry, PhD, R. Psych.

Assistant Professor, Counselling Psychology
Werklund School of Education, University of Calgary
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ACADEMIC CREDENTIALS

Doctor of Philosophy, Counselling Psychology, University of Calgary (Feb. 2017)

Thesis Supervisor: Tom Strong
Dissertation: Behaviour is in the practice: Conceptualizing components of excessive behaviours using a practice framework
Pre-Doctoral Internship: Ministry of Children and Family Development, Child and Youth Mental Health (CYMH), Victoria, BC.
Practicum placement: Calgary Family Therapy Centre, Calgary, AB.

Master of Science, Counselling Psychology, University of Calgary (Nov. 2011)

Thesis Supervisor: Tom Strong
Thesis Title: "Addiction sits in the background doing push-ups waiting for us to have a weak moment": Doing recovery from gambling problems online.
Practicum placements: Providence Children's Centre, Calgary, AB; South Calgary Mental Health (Adult Mental Health, Single Session Walk-in), Calgary, AB.

Master of Science, Centre for Health Promotion Studies, University of Alberta (June 2008)

Thesis Supervisor: Kaysi Eastlick Kushner (Faculty of Nursing)
Thesis Title: Employed Mothers' Worker Ideology and Social Support Network Composition while Managing Multiple Demands in Paid and Family Work.

Bachelor of Arts: Psychology (Sociology minor), University of Alberta (June 10, 2003)

Faculty Appointments

Assistant Professor, University of Calgary, July 2018-present

Assistant Professor, Our Lady of the Lake University, Aug 2017-July 2018

Assistant Professor, Acadia University, Sept 2016-July 2017

RESEARCH GRANTS

March 2019-2020	<i>Developing Cannabis Education and Harm Reduction Messages with Youth: A qualitative youth engagement research project (TRACE V).</i> Canadian Institutes of Health Research (Catalyst Grant: Cannabis Research in Urgent Priority Areas). RJ Haines-Saah, EK Jenkins, BM Gladstone, K London-Nadeau, R McNeil, T Mudry , P Ponice, C Richardson, J Valleriani & TC Wild	\$124,747
Dec, 2018	<i>Centering Student Learning through Social Justice Pedagogy in Canadian Counselling Psychology: A Collective Case Study.</i> University of Calgary, Scholarship of Teaching and Learning Grant. K Wada, A Kassan, N Arthur, J Cohen, J Domene, T Mudry , S Russell-Mayhew, & D Marulanda.	\$39,950
Nov, 2018	<i>A Recovery-Oriented Counselling Group: Supporting Physical, Emotional, and Social Recovery Processes of Critical Care Patients in the ICU Recovery Clinic.</i> 2018 Critical Care SNC New Investigator Seed Grant Funding Competition. PI, T Mudry , C Job McIntosh & C Grant.	\$10,000 (w/matched funds)
Sept, 2018	<i>Implementation of Social Justice Pedagogy in Counselling Psychology at the University of Calgary: Attending to Student Voices.</i> Werklund School of Education Scholarship of Teaching and Learning. A Kassan, K Wada, T Mudry , J Domene, S Russell-Mayhew, & N Arthur.	\$6,490
Jan, 2018	<i>Developing a Peer-Support and Recovery-Oriented Collaborative-Learning Group.</i> Our Lady of the Lake University.	\$1,360
Sept, 2009	<i>Motivational interviewing and solution focused counselling for problem gamblers: Prevalence and considerations for a mesh of clinical and administrative discourses in Alberta.</i> Alberta Gaming Research Institute. T Strong & T Mudry	\$10,000
Total Awarded		\$192,547

ACADEMIC AWARDS

Award	Awarded by	Year	Amount
Recovery to Practice (RPT) Train the Trainer Award	American Psychological Association	04/18-2019	\$4,000
Early Career Psychologist Credentialing Scholarship	National Register of Health Service Psychologists	11/17-11/18	\$395
Certificate of Academic Excellence	Canadian Psychological Association	09/17	
25.55 Research Fund	Acadia University	01/17-05/17	\$3,115

Doctoral Scholarship	Canadian Institute of Health Research	05/13-05/16	\$105,000
Doctoral Scholarship	Alberta Gaming Research Institute	09/11-08/14	\$65,000 + \$5,000 Research allowance
Graduate Travel Award	Faculty of Graduate Studies	08/12	\$1,500
Best Master's Thesis Award	Canadian Counselling & Psychotherapy Association	05/12	\$100 (and certificate)
Student Conference Travel Award	Faculty of Education	05/12	\$500
Research Dissemination Scholarship	Faculty of Education	03/12	\$3,165.44
Faculty of Graduate Studies Scholarship	Faculty of Graduate Studies	03/12	\$5,304.85
Queen Elizabeth II Scholarship	Provincial	09/11-08/12	\$10,000 (declined)
Queen Elizabeth II Scholarship	Provincial	05/11	\$10,800 (accepted \$3,600)
Travel Award	Faculty of Graduate Studies	02/11	\$500
Travel Award	Educational Studies in Psychology	03/11	\$1,000
Masters Scholarship	Alberta Gaming Research Institute	09/10-08/11	\$13,000 + \$3,000 Research allowance
Alberta Graduate Scholarship	Provincial	09/04-05/05	\$6,200
Millennium Bursary	National	09/02-09/03	\$2,250
Jason Lang Scholarship	Provincial	09/02-09/03	\$1,000
Jason Lang Scholarship	Provincial	09/01-09/00	\$1,000
Millennium Bursary	National	09/01-09/02	\$2,000
Jason Lang Scholarship	Provincial	09/00-09/01	\$1,000
Rutherford Scholarship	Provincial	09/99-04/00	\$2,500
Undergraduate Scholarship	TransAlta Utilities	09/99-05/03	\$11,000
Dean's Honour Role	Faculty of Arts	09/99-04/03	
Total (awarded)			\$269,714.29

PUBLICATIONS

Chapters and Books

1. **Mudry, T. E.** (submitted). Behaviour is in the Practice: Understanding and Treating Excessive Behaviours using a Practice Framework. *Book proposal*.
2. **Mudry, T. E.,** Stea, J. N., & Hodgins, D. C. (2015). The psychological underpinnings of addictive behaviours. In N. el-Guebaly & H. Tavares (Eds.), *Textbook of addiction treatment: International perspectives* (pp. 1443-1473). Milano, Italy: Springer Milan.
3. **Mudry, T.,** Strong, T., & Chang, J. (2014). A life history of a PIP: Snapshots in time. In K. Tomm, S. St. George, D. Wulff, & T. Strong (Eds.), *Patterns in interpersonal interactions: Inviting relational understandings for therapeutic change* (pp. 82-102). New York, NY: Routledge.

Journal Articles

1. **Mudry, T. E.** (submitted). Addictive behaviour is in the practice: Using a practice framework to conceptualize addictive behaviours for research and practice.
2. **Mudry, T. E.,** Strong, T., Doyle, E. M., & Sapacz, M. (submitted). Helping clients address addictive behaviours inside and outside of counselling: Placing addiction and recovery in a discursive, social practice framework.
3. **Mudry, T.,** Nepustil, P., & Ness, O. (early online). The relational essence of natural recovery: Natural recovery as a relational practice. *International Journal of Mental Health and Addiction*. (Impact 1.179, International collaboration)
4. Strong, T., Sesma-Vazquez, M., Ross, K., **Mudry, T.,** Doyle, E., & Pickering, B. (2018). Expert therapeutic discourse, practices and counter-practices across six service contexts. *International Journal of Collaborative-Dialogic Practices*, 8(1), 1-19.
5. Gosnell, F., McKergow, M., Moore, B., **Mudry, T.,** & Tomm, K. (2017). A Galveston declaration. *Journal of Systemic Therapies*, 36(3), 20-26. (Impact 0.56, International collaboration)
6. **Mudry, T. E.,** Strong, T., Sametband, I., Rogers-de Jong, M., Gaete, J., Merritt, S., Doyle, E., & Ross, K. (2016). Internalized Other Interviewing in relational therapy: Three discursive approaches to understanding its use and outcomes. *Journal of Marital and Family Therapy*, 42(1), 169-184. doi: 10.1111/jmft.12110. (Impact 2.528)
7. Strong, T., St, George, S., Wulff, D., **Mudry, T.,** & Sametband, I. (2015). Differences over dollars and sense: Discourses involving money in family therapy. *Human Systems: Journal of Therapy, Consultation & Training*, 26(1), 66-85. (Interdisciplinary collaboration)
8. **Mudry, T.,** Sametband, I., Strong, T., Wulff, D., Michel, J., & St. George, S. (2014). "Where I'm coming from": A discourse analysis of financial advice media. *Journal of Financial Therapy*, 5(1), 55-79. doi:10.4148/1944-9771.1055 (Impact 2.528, Interdisciplinary collaboration)
9. **Mudry, T.,** & Strong, T. (2013). Doing recovery online. *Qualitative Health Research*, 23(3), 313-325. doi: 10.1177/1049732312468296 (Impact 2.036)
10. el-Guebaly, N., **Mudry, T.,** Zohar, J., Tavares, H., & Potenza, M.N. (2012). Broadening our horizon: Response to commentaries. *Addiction*, 107(10), 1739-1740. doi: 10.1111/j.1360-0443.2011.03546.x (Impact 5.798, International collaboration)
11. el-Guebaly, N., **Mudry, T.,** Zohar, J., Tavares, H., & Potenza, M.N. (2012). Compulsive features in behavioral addictions: The case of pathological gambling. *Addiction*, 107(10), 1726-1734. doi: 10.1111/j.1360-0443.2011.03546.x (Impact 5.798, International collaboration)
12. **Mudry, T. E.,** Hodgins, D. C., el-Guebaly, N., Wild, T. C., Colman, I., Patten, S. B., & Schopflocher, D. (2011). Conceptualizing excessive behaviour syndromes: A systematic review. *Current Psychiatry Reviews*, 7, 138-151. doi:10.2174/157340011796391201 (Interdisciplinary collaboration).
13. el-Guebaly, N., & **Mudry, T.** (2010). Problematic Internet use and the diagnostic journey. *World Psychiatry*, 9(2), 93-94.
14. **Mudry, T.,** Kushner, K.E., & Neufeld, A. (2010). Employed mothers' worker ideology and social support network composition while managing multiple demands in paid and family

work. *Qualitative Health Research*, 20(7), 905-921. doi: 10.1177/1049732310364221 (Impact 2.036)

Technical Reports

Strong, T., & **Mudry, T.** (2010). *Motivational interviewing and solution-focused counselling for problem gamblers: Prevalence and considerations for a mesh of clinical and administrative discourses in Alberta*. Technical report to the Alberta Gaming Research Institute.

Completed Theses

1. **Mudry, T. E.** (2016). *Behaviour is in the practice: Examining excessive behaviours using a practice framework* (Doctoral dissertation). University of Calgary, AB.
2. **Mudry, T. E.** (2011). "Addiction sits in the background doing push-ups waiting for us to have a weak moment": *Doing recovery from gambling problems online* (Master's thesis). University of Calgary, Calgary, AB.
3. **Mudry, T. E.** (2008). *Employed mothers' worker ideology and social support network composition while managing multiple demands in paid and family work* (Master's thesis). University of Alberta, Edmonton, AB.

Conference Presentations/Published Abstracts

1. **Mudry, T.**, Doyle, E., & Strong, T. (November 9, 2018). *Envisioning a better future for recovery practices*. Taos Institute Silver Jubilee – 25 years of Innovation in Social Construction, Cancun, MX.
2. **Mudry, T.** (October 28, 2018). *Mapping addictive behaviour practices in session: Helping clients move from unhelpful to helpful practices*. 2018 Canadian Counselling Psychology Conference, Canadian Psychological Association, Calgary, AB.
3. **Mudry, T.** (October 28, 2018). *Marriage and Family Therapy and Counselling Psychology: All in the family*. 2018 Canadian Counselling Psychology Conference, Canadian Psychological Association, Calgary, AB.
4. **Mudry, T.**, & Morar, M. (June 22, 2018). *Just peer support: A recovery-oriented collaborative learning group*. American Family Therapy Association Annual Meeting: Relational activism: Supporting just relationships in family therapy. Austin, TX.
5. Hanson, N., polanco, m., Hernandez, N., Shelton, T. L., **Mudry, T.**, Rivera, E., & Williamson, B. (April 20, 2018). *When therapists undergo an epistemological shift*. Life Changing Conversations: A conference and gathering. Houston, TX.
6. Solórzano, B., & **Mudry, T.** (April 21, 2018). *Collaborating around themes of hardship*. Life Changing Conversations: A conference and gathering. Houston, TX.
7. Strong, T., **Mudry, T.**, Doyle, E., & Sapacz, M. (May 18, 2017). *Placing addiction and recovery in a discursive, social practice framework: Helping clients inside and outside of the counselling room*. Canadian Counselling and Psychotherapy (CCPA) Conference. St. John's, NL.
8. **Mudry, T.**, Nepustil, P., Doyle, E., & Ness, O. (April 1, 2017). *Recovery as social practice: Supporting clients in recovery both inside and outside of the counselling relationship*. Third International Conference of Collaborative and Dialogic Practices. Conversations with and among Education, Research, Health, Social Practices, Psychotherapy. Tenerife, Spain.

9. **Mudry, T.** (November 3-5, 2016). *Using a practice framework to find solutions to addictive behaviours*. Solution Focused Brief Therapy Association Conference, Halifax, NS.
10. Strong, T., Wulff, D., St. George, S., Sametband, I., & **Mudry, T.** (October 16-19, 2014). *Differences over Dollars and Sense: Money Discourses in MFT*. American Association of Marriage and Family Therapy Annual Conference, Milwaukee, WI.
11. **Mudry, T. E.** (Sept. 2, 2014). *The addiction is in the practice: Examining components of addictive behaviours using a practice ecology framework*. Symposium presentation: Stabilities and transitions between them: Practices and actor networks in addiction and recovery. Qualitative Research in Mental Health Conference (QRMH4). Chania, Greece.
12. Strong, T., Sesma-Vazquez, M., Ross, K., **Mudry, T.**, Doyle, E., & Pickering, B. (June 27, 2014). *“Expert therapeutic” discourse: A contextualized look at its influence, alternatives, and counter-practices*. Workshop presentation, Beyond the Therapeutic State: Collaborative Practices for Individual and Social Change. Drammen, Norway.
13. **Mudry, T.**, & Doyle, E. (June 27, 2014). *Interviewing the intervention: What happens when you apply CBT to CBT*. Paper presentation, Beyond the Therapeutic State: Collaborative Practices for Individual and Social Change. Drammen, Norway.
14. Doyle, E., & **Mudry, T.** (June 27, 2014). *Constructing the “client”: A critical examination of institutional discourses of addiction, recovery, and treatment*. Paper presentation, Beyond the Therapeutic State: Collaborative Practices for Individual and Social Change. Drammen, Norway.
15. **Mudry, T.**, & Doyle, E. (May 9, 2014). *Applying a CBT intervention on the CBT Intervention*. Presentation, Canadian Counselling and Psychotherapy conference. Victoria, BC.
16. **Mudry, T.** (April 4, 2014). *Behaviour is in the practice: Conceptualizing components of excessive behaviours like gambling using a practice framework*. Poster, Alberta Gambling Research Institute. Banff, AB.
17. Ross, K., Strong, T., Sesma, M., Sarro, M., Inkster, C., & **Mudry, T.** (April 4, 2014). *Customs, cravings, and compulsions: Discourses of gambling addiction in popular media*. Poster, Alberta Gambling Research Institute. Banff, AB.
18. Sesma-Vazquez, M., Ross, K.H., Strong, T., & **Mudry, T.** (April 4, 2014). *Connecting with the Problem Gambler: Recognizing and responding to discursive differences in therapy*. Poster, Alberta Gambling Research Institute. Banff, AB.
19. **Mudry, T.**, Gaete Silva, J., & Merritt, S. (October 19, 2013). *Why identity work matters in the Internalized Other Interview*. Panel Presentation, North America Society for Psychotherapy Research, Memphis, TN.
20. **Mudry, T.** (August 6, 2013). *Identity and community co-construction: Adapting discourse analysis and ethnomethodology to analyze online forums*. Presentation, IEMCA (International Institute for Ethnomethodology and Conversation Analysis) 2013: Technologies and Techniques, Waterloo, ON.
21. **Mudry, T.** (June 23, 2013). *It’s all in the practice: Combining qualitative methods to analyze social practices*. Presentation, Advances in Qualitative Methods Conference: Innovation Matters in Qualitative Research – Mixed Methods, Edmonton, AB.

22. **Mudry, T.** (June 22, 2013). *Identity co-construction online: Using discourse analysis, netnography, and ethnomethodology to analyze an online community*. Presentation, Advances in Qualitative Methods Conference: Innovation Matters in Qualitative Research – Mixed Methods, Edmonton, AB.
23. St. George, S., & **Mudry, T.** (May 13, 2013). *Financial discourses in family therapy*. Presentation, Alberta Centre for Child, Family, and Community Research Showcase, Edmonton, AB.
24. Strong, T., Sametband, I., **Mudry, T.**, Wulff, T., St. George, S., Gale, J. (November 15, 2012). *Resolving money conflicts: It's in the meaning, not the amount*. Presentation, Taos Institute Conference, San Diego, CA.
25. Strong, T., Sametband, I., French, J., **Mudry, T.**, Gaete Silva, J. (November 16, 2012). *Therapeutic dialogues beyond the constraints of a DSM monologue*. Presentation, Taos Institute Conference, San Diego, CA.
26. **Mudry, T.** (October 25, 2012). *Online recovery: Managing identities of addiction and recovery on an online support forum for problem gamblers*. Faculty of Education Research Colloquium, University of Calgary, AB.
27. St. George, S., Wulff, D., Strong, T., & **Mudry, T.** (September 14, 2012). *Financial discourses in family therapy sessions*. Workshop, American Association for Marriage and Family Therapy, Charlotte, NC.
28. **Mudry, T.** (July 4, 2012). *Managing identities of addiction and recovery on an online support forum for problem gamblers*. Poster, Qualitative Research in Mental Health Conference (QRMH4), Nottingham, UK.
29. **Mudry, T.** (June 14, 2012). *Recovery on an online support forum for problem gamblers*. Poster, Canadian Psychology Association Annual Convention, Halifax. NS.
30. **Mudry, T.**, Chang, J., & French, J. (June 15, 2012). *Negotiating a professional identity as a family therapist in professional psychology*. Round Table Conversation, Canadian Psychology Association Annual Convention, Halifax. NS.
31. **Mudry, T.**, Buzanko, C., & French, J. (May 26, 2012). *Therapists' reflections: Practice and development*. Presentation, Canadian Counselling and Psychotherapy Association Annual Conference, Reflecting on Self and Practice. Calgary, AB.
32. Anderson, M., Doyle, E., & **Mudry, T.** (May 26, 2012). *Paradox, stigma & questions in addiction discourse*. Presentation, Canadian Counselling and Psychotherapy Association Annual Conference, Reflecting on Self and Practice. Calgary, AB.
33. **Mudry, T.** (April 13, 2012). *Understanding and managing addiction and recovery on an online support forum for problem gamblers*. Poster, Alberta Gambling Research Institute Annual Conference, The Causes of Problem Gambling, Banff, AB.
34. Thannhauser, J., Domene, J., & **Mudry, T.** (October 26, 2011). *E-data: Using the Internet to enhance qualitative data collection*. Symposium presentation, 18th Qualitative Health Research (QHR) Conference, Vancouver, BC.
35. Strong, T., Gaete Silva, Sametband, I., J., French, J., **Mudry, T.**, & Doyle, E. (July 21, 2011). *Conversational identity-work and discourses of recovery*. Presentation, PCP 2011, 19th International Congress on Personal Construct Psychology, Pushing the Boundaries of Constructivism: Collaborating Across Theories, Applications, and Methods, Boston, MA.

36. Deeth, S., & **Mudry, T.** (June 4, 2011). *Ethical considerations for students in program evaluation studies*. Symposium conducted at the Canadian Psychology Association Annual Convention, Toronto, ON.
37. **Mudry, T.** (May 19, 2011). *Leaving your office and going online: Understanding clients' use of online support for problem gambling*. Poster, Canadian Counselling and Psychotherapy Association Annual Conference, Bridging the Gap, Ottawa, ON.
38. **Mudry, T.** (April 8, 2011). *Understanding the use of online support for problem gambling*. Poster, Alberta Gaming Research Institute Annual Conference, Engaging the Big Questions in Gambling Studies, Banff, AB.
39. Strong, T., French, J., **Mudry, T.**, Sametband, I., Doyle, E., & Gaete Silva, J. (April 8, 2011). *Discourses and self-narratives of recovery: Identity work and discursive resources*. Poster, Alberta Gaming Research Institute Annual Conference, Engaging the Big Questions in Gambling Studies, Banff, AB.
40. **Mudry, T.**, & Strong, T. (March 12, 2011). *What happens online stays online: Supportive interactions among participants in an online community for problem gambling*. Poster, Georgetown University Round Table (GURT) on Languages and Linguistics: Discourse 2.0, Language and New Media, Washington, DC.
41. el-Guebaly, N., Hodgins, D., **Mudry, T.**, Martin, C., Wild, C., Patten, S., Colman, I., & Schopflocher, D. (October 22, 2010). *Strategies for defining behavioral addiction*. Presentation, Canadian Society for Addiction Medicine Annual Meeting and Scientific Conference, Charlottetown, PEI.
42. **Mudry, T.** (October 13, 2010). *Netnography: An exploration of an online social support forum for problem gamblers*. Poster, Faculty of Education Graduate Student Research Poster Conference: A Celebration of Student Research, Calgary, AB.
43. el-Guebaly, N., Hodgins, D., **Mudry, T.**, Martin, C., Wild, C., Patten, S., Colman, I., & Schopflocher, D. (October 3, 2010). *Defining behavioural addictions: Research dimensions*. Presentation, International Society for Addiction Medicine 12th Annual Meeting and Scientific Conference, Milan, Italy.
44. **Mudry, T.**, & Strong, T. (May 6, 2010). *Solution-focused and motivational interviewing approaches: How do these fit in counselling problem gamblers in medically-oriented contexts?* Poster, 3rd Annual Faculty of Education Research Conference, Celebrating our Research Community, Calgary, AB.
45. **Mudry, T.**, & Strong, T. (May 7, 2010). *Motivational interviewing and solution-focused counselling with problem gamblers: Can this fit in a medically oriented mental health context?* Poster, UofC Graduate Conference, Today's Ideas, Tomorrow's Innovators, Calgary, AB.
46. Strong, T., & **Mudry, T.E.** (April 9, 2010). *Motivational interviewing and solution-focused counselling for problem gamblers: Practicing in a medically oriented mental health context*. Poster, Alberta Gaming Research Institute Annual Conference, Emergent Clinical Issues in Problem Gambling, Banff, AB.
47. **Mudry, T.**, Kushner, K.E., & Neufeld, A. (October 8, 2009). *Employed mothers' worker ideology and social support: Is there a connection?* Poster, Faculty of Education Graduate Student Research Poster Conference: "A Celebration of Student Research." Calgary, AB

48. Martin, C., **Mudry, T.**, Hodgins, D., & el-Guebaly, N. (September 24, 2009). *Systematic literature and measurement review of behavioral addictions*. Presentation, International Society of Addiction Medicine (ISAM) Annual Conference, Calgary, AB.
49. MacKay, T. L., Hodgins, D. C., Martin, C., & **Mudry, T. E.** (September 3, 2009). *Gambling with technology: A biopsychosocial exploration of Internet gamblers*. Poster, Gambling and Addictions Symposium, Montreal, QB.
50. Horch, J. D., Hodgins, D. C., Stea, J. N. & **Mudry, T. E.** (March 27, 2009). *Problem gambling stereotypes: Implications for stigma*. Poster, Alberta Gaming Research Institute Annual Conference, Internet Gambling, Banff, AB.
51. MacKay, T., Hodgins, D. C., Martin, C. & **Mudry, T.E.** (March 27, 2009). *Problem gambling risk factors in online and land-based gamblers: A comparative study*. Poster, Alberta Gaming Research Institute Annual Conference, Internet Gambling, Banff, AB.
52. **Mudry, T.** (June 12, 2008). *Tobacco cessation: A priority in cancer control*. Presentation, Community Cancer Support Networks: Pre-conference Workshop, Cancer Care 2008, Edmonton, AB.
53. **Mudry, T.** (February 29, 2008). *Ask, advise, refer*. Presentation, 53rd Annual Scientific Assembly, Alberta College of Family Physicians, Banff, AB.
54. Crockford, D., Els, C., el-Guebaly, N., Power, Y., Kunyk, D., **Mudry, T.**, Casey, D., Hodgins, D., Smith, G., Schopflocher, D., Williams, R., Williams, V., Wood, R., & Goodyear, B. (November 17, 2007). *Addiction psychiatry II: New research: Tobacco & gambling*. Presentation, Canadian Psychiatric Association Annual Conference, Montreal, Qc.
55. Els, C., Kunyk, D., & **Mudry, T.** (November 17, 2007). *Real-life tobacco addiction treatment in mentally ill persons*. Presentation, Canadian Psychiatric Association Annual Conference, Montreal, Qc.
56. **Mudry, T.**, Els, C., & Kunyk, D. (October 2, 2007). *Expecting the mentally ill to quit: Are we really doing them a favour?* Presentation, National Conference on Tobacco or Health, Edmonton, AB.
57. Kunyk, D., Els, C., & **Mudry, T.** (September 10-11, 2007). *Implementing smoke-free policies in a Canadian health region*. Poster, Towards a Smokefree Society Conference, Edinburgh, Scotland.
58. Els, C., Kunyk, D., Pohar, R., **Mudry, T.**, & Kunyk, M. (May 3-5, 2007). *Tobacco reduction and cessation (TRaC) project: A collaborative approach to working with high risk populations*. Poster, Strengthening the Bond: Collaborating for Optimal Patient Care, Banff, AB.
59. Els, C., Selby, P., Cleary, K., **Mudry, T.**, Kunyk, D., & Kunyk, M. (July 12-15, 2006). *Tobacco training curricula to support policy reform*. Poster, World Conference on Tobacco or Health Conference, Washington, DC.
60. Winkler, A., **Mudry, T.**, & Stewart, M. (May 25, 2006). *The low income women smokers project: Making healthier choices together*. Presentation, Tobacco Reduction Together: Linking Research, Policy, and Practice, Edmonton, AB.

61. Kushner, K.E., & **Mudry, T.** (October 28, 2005). *Ideology and everyday practice in employed mothers' health decision making*. Poster, Margaret Scott Wright Research Day, Edmonton, AB.

WORKSHOPS AND INVITED PRESENTATIONS

1. **Mudry, T.** (March 8, 2017). *Movies for Mental Health*, Panel Expert. Art with Impact, Acadia University.
2. **Mudry, T.** (November 28, 2016). *Using a practice framework to find solutions to addictive behaviours*. Valley Connection Psychologists meeting. Kentville, NS.
3. **Mudry, T.** (April 15, 2015). *Addiction is in the practice: Examining excessive behaviours using a social practice framework*. All CYMH presentation to clinicians. Victoria, BC.
4. Strong, T., Sesma, M., Ross, K., **Mudry, T.**, Doyle, E., & Pickering, B. (June 26-28, 2014). "Expert therapeutic" discourse: A contextualized look at its influence, alternatives, and counter-practices. Workshop, *Beyond the Therapeutic State: Collaborative Practices for Individual and Social Change*. Drammen, Norway. <http://www.taosinstitute.net/workshops-beyond-the-therapeutic-state>
5. Jacobsen, M., **Mudry, T.**, & Meyers, G. (November 28, 2013). *Surviving and Thriving in Your PhD Program: Research Proposal to Candidacy*. Presentation to doctoral students. Faculty of Education, Calgary, AB.
6. **Mudry, T.** (May 24, 2013). *Quitting smoking*. Presentation given to Deloitte employees as part of their wellness week. Calgary, AB.
7. St. George, S., & **Mudry, T.** (May 23, 2013). *Financial discourses in family therapy*. Alberta Centre for Child, Family, and Community Research – Research Showcase. Edmonton, AB.
8. Olszewska, K., Carkner, J., Letourneau, N., & **Mudry, T.** (April 30, 2013). *Applying for CIHR master's and doctoral scholarships* (Panel presentation). Presentation given to students in the Faculty of Education and Faculty of Nursing.
9. Strong, T., Bohac-Clarke, V., & **Mudry, T.** (March 6, 2013). *How to survive the graduate student supervision relationship*. Presentation given to EDPS students.
10. Wulff, D., Strong, T., St. George, S., **Mudry, T.**, & Sametband, I. (November 26, 2012). *Overcoming financial conflicts in counseling families and couples: A workshop for counsellors*. Community workshop, Calgary, AB.

ACADEMIC ACTIVITIES

Book Review Editor, *Canadian Journal of Counselling and Psychotherapy*

Journal Reviewer, *Journal of Systemic Therapies, Qualitative Health Research, Qualitative Research, Health, Canadian School Counselling Review* (formerly *Alberta Counsellor*)

Visiting Scholar, Center of Excellence in Gambling Research, Yale Program for Research on Impulsivity and Impulse Control Disorders, Yale University: April 16-26, 2011.

Experience: One-week visiting scholarship at Yale University, in Dr. Marc Potenza's

laboratory. Made important connections and became familiar with the research activities involved in genetic studies, fMRI studies, PET studies, neuropsychological assessments, and physiological measures in problem gambling.

DISSERTATION AND THESIS COMMITTEE WORK

Dissertation Committee, Isabel Brun, UofC, Sept 2018-

Co-Chair Doctoral Dissertation, Chrystal Fullen, OLLU, Aug 2017-Aug 2018

Dissertation Committee Member, Alexandra Reustle, OLLU, Aug 2017-Aug 2018

Thesis Committee Member, Jamie Steeves, Acadia, Nov 2016-present

TEACHING AND SUPERVISION

University of Calgary, Assistant Professor, July 2018-Present

EDPS 624: Cultural and Social Justice Issues in Professional Practice, Dec-April, 2019. A critical examination of cultural and equity issues related to the lives of clients and the psychological professionals serving them.

EDPS 602: Counselling Theories and Professional Practice, Sept-Dec, 2018. Engages students in a critical evaluation of a range of contemporary counselling theories and helps them begin to develop a description of their own emerging theory.

EDPS 621: Creating a Working Alliance, Sept-Dec, 2018. Theory and practice in developing skills contributing to working alliance and problem clarification. Ethical, legal and professional issues are the context for the application of generic counselling skills in laboratory experiences.

EDPS 625: Cultural Influences on Professional Practice, Sept-Dec, 2018. Cultural Influences on Professional Practice is designed to enhance students' professional competencies in working with individuals or groups from non-dominating populations.

Our Lady of the Lake University, Assistant Professor, August 2017-July 2018

PSYC 9166: HIPs and PIPs Approach to Assessment and Treatment, June 8th-9th, 2018.

Introduction to the HIPs and PIPs approach to assessment and intervention. Case conceptualization and application of the HIPs and PIPs approach in community counseling setting.

PSYC 8384: Strengths Based Approaches to Contemporary Issues, June-July, 2018.

Application of strengths-based approaches to the identification and treatment of contemporary issues such as addictive behaviors, eating disorders, homelessness, trauma, geriatrics and other. Course will examine evidence-based practices and practice-based evidence for strengths-based interventions in working with individuals, couples and families experiencing these issues.

PSYC 8330: Socio Cultural Foundations of Counseling Latinxs, May-July, 2018. Immersion experience in the cultures and language of a selected Spanish speaking country (Mexico) and their influence on the delivery of mental health delivery services. Includes lectures from professionals from mental health and related fields, and field trips to relevant sites.

PSYC 8357: Advanced Systemic Approaches to Psychotherapy, Jan – May 2018-

Presentation and analysis of contemporary methods in systemic therapy. Emphasis on development

of a metatheoretical perspective in psychotherapies in general and systemic therapies in particular.

PSYC 9383: Qualitative Research Design I, Jan - May 2018

Introduction to qualitative research paradigms. Focus on the understanding of designing and conducting original qualitative research relevant to the further development of counseling psychology; and on the preparation for oral and written presentations of its results. Study of the reflexive aspects of qualitative research.

Practicum Team Supervisor – Community Counseling Services (CCS) Clinic, Sept-May 2018

The CCS offers outpatient clinical services and walk-in service for individuals (53%), couples (14%), and family units (33%). CCS clients reflect the diversity of the local San Antonio community: Hispanic (74%), European American (17%), and African American (4%) of lower income status (55% under 10k, 36% between 10-25K, and 9% over 20K).

The CCS receives referrals from a wide variety of sources and clients come to the CCS with a wide variety of problems: marriage and family challenges (25%); abuse and violence (25%); parents and/or teachers concerned about the problems of children and teenagers such as truancy, running away, tantrums, sexual activity, drug use, and shoplifting (25%); and assistance for situations that have been diagnosed as alcoholism, depression, schizophrenia, suicidal tendencies, psychosomatic illness, and anxiety (25%). In addition, 20-25% of the individuals and families seen at CCS are ordered to attend therapy by a governmental agency (courts and schools) or business.

PSYC 9334, Strengths-Based Approaches in Psychotherapy, Aug-Dec 2017

Examination of influence of social constructionism and other postmodern theories on the practice of strength-based approaches to psychotherapy. Therapeutic approaches emphasized include Narrative, MRI, HIPs & PIPs, Solution Focused, Collaborative, and Client Directed Outcome Informed (CDOI) therapies. Examination of common factors and outcome management approaches to psychotherapy research. Preparation for Doctoral Practicum.

Acadia University, Assistant Professor, September 2016-July 2017

EDUC 5003, Human Development and Learning, May-July 2017

This course focuses on human development and learning across the lifespan. A primary focus will be on the emergence and growth of self-concept and self-awareness in relation to the development of personal agency.

**EDUC 50J3, Principles of Assessment for Counselling, Jan-May 2017, May-July 2017
Full-time on-campus students (weekly), Part-time off campus students (monthly)**

This course is designed to explore the principles, issues, and current practices in assessment as it relates to the Counselling profession. Both standardized and informal measures of assessment will be explored during the course. Students will learn to critically evaluate the various assessment strategies. Emphasis will be on learning to choose assessment strategies that are most suited to the individual and the situation. Every effort will be made to provide experiences which allow students to tailor their assignments to their professional goals.

EDUC 5066, Counselling Practicum, Jan-May, 2017

Full-time on-campus students (weekly)

This course is at the core of the Counselling Programme at Acadia. The Seminar and Practicum assists students in the development of attitudes, awareness, knowledge and skills that collectively

contribute to the establishment of a strong counselling/therapeutic alliance in counselling/psychotherapy relationships, and to the design and implementation of appropriate, adequate, effective, and efficient counselling/psychotherapy programmes, services and treatments. The seminar class and faculty supervision components of the course afford the opportunity for students to reflect on, and process their experiences with a view to enhancing professional growth and development in a climate of trust, safety, encouragement support and critical thinking.

EDUC 5153, Readings in Education (Expressive Writing Groups and Mental Health):

The focus of this course was to examine Creative Writing Workshops as a tool for youth struggling with mental health issues such as eating disorders, low self-esteem, depression, addiction, anxiety, and violence.

EDUC 5623, Group Counselling: Sept-Dec, 2016

Full-time on-campus students (weekly), Part-time off campus students (monthly)

This course is designed to provide students with a conceptual and experiential introduction to group counselling theory, models, strategies, and techniques. It affords opportunity for the acquisition and application of values, attitudes, self-awareness, knowledge, and skills consistent with best practice in group counselling.

EDUC 5153, Readings in Education (Addiction: Counselling and Strategies): Sept-Dec, 2016

The focus of this course is to provide the student an opportunity to conduct an in-depth examination of a topic of choice. Assignments include annotated bibliography, literature review, and manual.

Clinical Coordinator: Sept 2016-July 2017

The role of the Clinical Coordinator is to initiate practicum planning and assist students in exploring practicum options and navigating the appropriate channels for application

Athabasca University, Sessional Instructor

GCAP 634, Assessment in Counselling: May-July 2016

This online course is designed to prepare entry-level counsellors to gain necessary knowledge of general principles of assessment in counselling and to enable them to begin the practice of formal and informal assessment under supervision. Provided instruction of course content, supported student learning, and evaluated student work.

University of Calgary, Teaching Assistant and Supervision

Teaching Assistantship, EDPS 610, Research Methodology in Counselling: Sept-Dec 2015

This survey and application course on research methodologies in counselling addressed issues of research design, methods, and interpretation of research findings. Provided consultation on research projects, supported students, and assisted in marking assignments and projects.

Teaching Assistantship, EDPS 617, Group Process in Applied Psychology: Sept-Dec 2012

Involved in guiding and evaluating the experiential lab component of a group counselling course for master's level psychologists. Marked assignments, reviewed reflections, and provided academic support in the course. Lectured in classes when the instructor was not available.

Teaching Assistantship, CAAP 633, Human Development: Jan-April 2012

Provided support to students and evaluated online forum posts of graduate level counselling students in the topic area of human development.

Supervision of MSc Counselling Students' Practicum work: Jan-April 2012

Provided co-supervision and support to three first year MSc counselling students in their practicum placements.

Hours: Total: 29; Client hours: 29; Supervision: 10.

Co-Supervision of MSc Counselling Students' Research: Sept 2011-2013

Provided co-supervision and support to MSc counselling students in their MSc thesis research.

CLINICAL PRACTICE

Registered Psychologist (Alberta)

Pre-Doctoral Internship: Saanich and Westshore Child and Youth Mental Health, Ministry of Children and Family Development: September 2014-August 2015

Child and Youth Mental Health (CYMH) provides community-based specialized mental health services to children and youth under the age of 19 and their families on a voluntary basis.

Hours: Total: 1,738; Client hours: 507; Supervision: 180.

Experience: Conducted comprehensive assessment and treatment of children and adolescents struggling with a range of moderate to severe mental health concerns.

- Comprehensive diagnostic assessment through the use of clinical interviewing and appropriate measures (Beck Youth Inventory, Trauma Symptom Checklist for Children, Multidimensional Anxiety Scale for Children, Resiliency questionnaire, Connors-3, Achenbach System of Empirically Based Assessment (ASEBA), Behavior Rating Inventory of Executive Function (BRIEF).
- Psychoeducational Assessment: Wechsler Intelligence Scale for Children - Fourth Edition (WISC-IV), Wechsler Individual Achievement Test -Third Edition (WIAT-III), Children's Memory Scale, and Beery-Buktenica Developmental Test of Visual-Motor Integration, Sixth Edition (BEERY VMI).
- Individual therapy using Cognitive Behaviour Therapy and play based therapy, incorporating aspects of Narrative Therapy, Dialectical Behaviour Therapy, and Interpersonal Psychotherapy.
- Family Therapy interventions as appropriate.
- Group Therapy: Reducing Anxiety and Depression (RAD) group for teens (CBT oriented group), First Friends (school-based social skills group for Kindergarten and grade 1 students), Connect Parent Group (attachment based parenting group), ADHD psychoeducation group (developed and co-presented).
- Dyadic training, workshops, and collaborative team meetings and consultations.
- Collaborated with teachers, school counsellors, and integrated support workers. Attended Individual Education Plan meetings and collaborative team meetings.

Calgary Family Therapy Centre: September 2011 – April 2012

The Calgary Family Therapy Centre is a clinical outpatient treatment program, which provides specialized services in family therapy.

Hours: Total: 711; Client hours: 242; Supervision: 193.

Experience: Conducted assessment and therapy in the context of Family Therapy, where one family member, under the age of 18, was experiencing emotional or mental health struggles.

- Developed a coherent approach to systemic, collaborative family therapy.
- Developed and maintained a working alliance with multiple family members.
- Family, individual, couple, and dyad therapy sessions as appropriate.

- Learned to identify, call attention to, and intervene in pathologizing interpersonal patterns (PIP's) and healing interpersonal patterns (HIP's) in families.
- Took part in weekly screening and reflecting teams.
- Engaged in a practice-based research project concerning financial discourses in family therapy.

Adult Mental Health and Walk-In, South Calgary Health Centre, Alberta Health Services: September 2010 – May 2011

Adult Mental Health: provided brief therapy (up to 12 sessions) to adult clients (18-64) using a primarily cognitive-behavioural approach, presenting with a wide variety of mental health problems. Main presenting problems are moderate to severe depression and anxiety.

Walk-In Mental Health: provided single-session psychotherapy to clients of all ages on a no appointment, no referral basis. Worked on an interdisciplinary team using one-way mirrors, telephone call-ins, and reflecting teams.

Hours: Total: 741; Client hours: 210; Supervision: 162

Experience: Provided comprehensive mental health assessment and therapy in the context of Adult Mental Health and Walk-In services.

- Comprehensive mental health assessment involving clinical interviews and questionnaires (e.g., Beck Depression Inventory, Beck Anxiety Inventory).
- Individual psychotherapy with adults struggling with an Axis-I diagnosis of depression, anxiety, or adjustment disorder, in the context of situational factors. Therapy utilized a primarily Cognitive Behavioural Therapy approach, incorporating Solution Focused and Narrative techniques.
- Involved in couple co-therapy using Narrative approaches to assist couples experiencing relationship distress.
- Single session Walk-In therapy with individuals, couples, families struggling with various issues (e.g., depression, anxiety, family discord, substance abuse, etc.). Walk-In therapy utilized a primarily Solution Focused approach, with other techniques when appropriate.
- Involved in at least 2 hours/week of individual supervision, including direct observation of sessions, pre and post session consultation and treatment planning, readings and discussion of the most relevant research, interventions and therapeutic approaches, videotape reviews, reviews and consultation of written assessment reports.
- Participated in reflecting teams, client consultations with other therapists, and professional development opportunities (e.g., CBT supervision and reading group, whole team supervision, etc.). Multidisciplinary consultation with other services located at the South Calgary Health Centre, such as Mobile Response Team, Urgent Care Mental Health (referral and consultations with a psychiatrist), and family physicians.

Providence Children's Centre: January-April 2010.

Providence provides in-class resources, education and behavioural support for children with special needs via an interdisciplinary team of teachers, occupational therapists, physiotherapists, speech therapists, and psychologists.

Hours: Total: 116; Individual Client: 52; Group therapy: 14; Family therapy: 2; Individual Supervision: 19; Joint Supervision: 15.

Experience: Worked with four children with special needs (ADHD, Autism, Gross Motor Delays and Anxiety), parents, teachers and therapists to adjust and implement interventions individualized to the child.

- Developed skills in case conceptualization.

- Engaged in supervised counselling/consulting with parents and professionals to provide guidance and support.
- Consulted with multidisciplinary team members (including teachers, OTs, PTs, Speech Pathologists) about the children.
- Developed professional relationship with clients, families and other professionals.

GROUP THERAPY EXPERIENCE

Reducing Anxiety and Depression (RAD): A manualized CBT oriented group for teens

First Friends: A manualized social skills group for Kindergarten and grade 1 students

Connect Parent Group: A manualized attachment based parenting group for parents of youth

Tobacco Reduction and Cessation (TRaC) Group: Assisted in developing a Group Cessation Program for persons with severe and persistent psychiatric conditions. Facilitated this 9-week group with 12 psychiatric patients. Group sessions consisted of: Psychoeducation, Relaxation techniques, Cognitive Behavioural Therapy (CBT), and Motivational Interviewing (MI), Contingency Management, and peer support (18 hrs total).

QuitCore. Assisted in developing and training facilitators in QuitCore, a free smoking cessation group counselling program delivered by health professionals

Low Income Women Smoker's Group. Assisted in developing and training facilitators in an empowerment based smoking cessation group program for low-income women smokers.

ASSESSMENT TRAINING AND SUPERVISED ASSESSMENTS

Structured Clinical Interview for DSM-IV Axis I Disorders (SCID-I)

Wechsler Abbreviated Scale of Intelligence (WASI)

Millon Clinical Multiaxial Inventory (MCMI)-III

Wechsler Intelligence Scale for Children - Fourth Edition (WISC-IV)

Wechsler Individual Achievement Test-Third Edition (WIAT-III)

Children's Memory Scale

Beery-Buktenica Developmental Test of Visual-Motor Integration, Sixth Edition (BEERY VMI)

Behavior Rating Inventory of Executive Function (BRIEF)

RELEVANT WORKSHOP PARTICIPATION

Collaborative Family Healthcare Association, 19th Annual Conference, To Integration & Beyond: Creating Solutions for a Connected, Sustainable Future, Houston, TX, Oct 19-21, 2017

Galvanizing Family Therapy: Reclaiming and Revitalizing Collaborative Practices - A think tank with a focus on action. Galveston Island, Texas, May 4-5, 2016. Invited and participated in this 2 day "think tank" with established experts and new experts in the field.

Narrative Therapy training: Narrative Traditions & Narrative Innovations: Philosophical Assumptions, Operating Principles, Current Practices, Galveston Island, Texas, May 6-7, 2016.

DSM-5 Overview Training, May 20, 2015 (2.75 CEC hours).

Therapeutic Conversations 12 - Narrative Therapy Conference: Vancouver, BC. April 29-May 2, 2015.

Connect Parent Group Training: Victoria, BC. November 18-20, 2014.

Clinical Workshop: Comprehensive Cognitive Behavior Therapy for Social Anxiety Disorder to Maximize Gains. University of Calgary. September 5, 2013.

6th Annual Addiction Day Conference & Networking Fair. Faculty of Medicine, University of Calgary. April 19, 2013.

5th Annual Addiction Day Conference & Networking Fair. Faculty of Medicine, University of Calgary. April 27, 2012.

Bruce Perry Presentation, Hull Child and Family Services. May 10, 2011.

4th Annual Addiction Day & Networking Fair: Innovations and Advancements. Faculty of Medicine, University of Calgary. April 29, 2011.

Treatment of Insomnia with Cognitive Behaviour Therapy. Division of Psychosocial Oncology. Calgary, AB. February 22, 2011.

Cognitive Behaviour Therapy for Psychosis. Presented by Paul French, Greater Manchester West NHS Foundation Trust. University of Calgary. September 14, 2010.

3rd Annual Addiction Day & Street Drugs Conference & Networking Fair: The Brain and Behaviour. Faculty of Medicine, University of Calgary. April 23, 2010.

2nd Annual Addiction Day & Networking Fair: Integration of new research and collaboration in addiction & mental health. Faculty of Medicine, University of Calgary. April 17, 2009.

ASIST – Applied Suicide Intervention Skills Training. Centre for Suicide Prevention. February 6-7, 2010.

Training Enhancement in Applied Cessation Counselling and Health – A comprehensive course on smoking cessation: Essential skills and strategies. Centre for Addiction and Mental Health(CAMH)/Alberta Cancer Board (ACB), Calgary, AB. June 14-16, 2008.

1st Annual Addiction Day: Broadening the concept of addiction. Faculty of Medicine, University of Calgary. April 18, 2008.

SERVICE

Werklund School of Education, Admissions Sub-Committee, Nov 2018-Jan 2019

U of Calgary's Faculty of Graduate Studies Scholarship Committee, September 2018 – August 2019.

OLLU Search Committee, Worden School of Social Work, Fall 2017

OLLU APA Accreditation Committee, Psychology Department, Fall 2017

OLLU Psychology Library Representative, 2017-2018

Acadia University, Counselling Program Committee, 2016-2017

Acadia University, Research and Graduate Studies Committee (Article 25.55), 2016-2017

Acadia Faculty Fitness Program – coordinated and provided faculty with free faculty-only functional fitness classes (3x/week) at times where they were available.

University of Calgary representative for the Alberta Gambling Research Institute graduate student committee – planned a student research networking evening and coordinated student profile pages for the website.

Coordinator for the Discourse Research Group, Faculty of Education, University of Calgary – initiated research projects, coordinated meeting schedules, submitted abstracts, planned presentations, and coordinated research and writing efforts.

International, multi-university research coordination - Coordinated meeting times and writing efforts for presentations and manuscript preparation with international (cross-university) authorship.

Community Group Fitness Instructor - Helping participants at all skill levels participate in physical activity, as part of my commitment to mental health promotion activities.

Volunteer at Sled Island Music Festival (2010) – in support of the arts community in Calgary.

Volunteer at University of Alberta Sexual Assault Centre (1999-2001).

MEMBERSHIP

Canadian Psychological Association

Canadian Counselling and Psychotherapy Association

O'Brien Institute for Public Health

Canadian Research Initiative in Substance Misuse (CRISM)

American Family Therapy Association

International Positive Psychology Association

Society for Psychotherapy Research

RELEVANT EMPLOYMENT EXPERIENCE

Research Manager, Division of Applied Psychology, University of Calgary: 2011-2012.

Financial Discourses in Family Therapy, with Drs. Tom Strong, Sally St. George, and Dan Wulff (Alberta Centre for Child, Family & Community Research).

Experience: Coordinated and supported research activities in a project examining the financial discourses identified in family therapy sessions at the Calgary Family Therapy Centre.

- Assisted in writing grant proposals, manuscripts, and a clinical guide for therapists
- Collaborated in data analysis and other research activities
- Presented findings as presentations and workshops

Research Assistant, Division of Applied Psychology, University of Calgary: 2011-2012.

International Students' Transitions to Work, with Dr. Nancy Arthur.

Experience: Coded and analysed interview data for a study on international students and their experience of transitioning to work.

Research Assistant, Division of Applied Psychology, University of Calgary: 2010-2011.

Motivational interviewing and solution focused counselling for problem gamblers: Prevalence and considerations for a mesh of clinical and administrative discourses in Alberta. (Alberta Gaming Research Institute).

Experience: Research activities in a mixed methods project

- Created and implemented a short survey examining and prevalence and experience of counselling practices of counsellors who work with problem gamblers
- Conducted an ethnographic document review and analysis of administrative policies and procedures
- Reported findings and developed a technical report

Research Assistant, Addictive Behaviours Laboratory, Department of Psychology, University of Calgary: Jan 2009 - May 2010.

Experience: Reviewed literature on the scientific and alternative conceptualizations (definition, classification, and measurement) of addictive behaviours (substance use disorders, excessive involvement with shopping, eating, gambling, sex, internet, exercise, work)

- Searched and reviewed literature in major academic and grey-literature databases
- Involved in the development of two collaborative manuscripts for peer-reviewed publication
- Involved in other research projects in the area of problem gambling

Wellness Consultant, Organisational Health, Sykes Assistance Services: Sept 2008 - Dec 2009

Experience: Consulted with client companies and assisted them in developing and implementing their Workplace Wellness portfolio

- Marketed and promoted wellness initiatives within workplace settings
- Organized large Wellness fairs and conferences
- Conducted research in emerging fields of wellness that may add value to client organizations
- Prepared and delivered presentations to client groups on a variety of wellness and mental health topics (Stress Management, Quitting Smoking, Dealing with Difficult People)
- Coordinated flu clinics - immunizing of over 1,000 employees
- Developed a workplace smoking cessation program
- Oversaw the roll-out of employee needs assessment surveys, analyzed results, and recommended appropriate wellness initiatives for employee populations based on results
- Analyzed and reported results of Health Risk Assessments for employee groups.
- Developed and maintained wellness information on client intranet sites and newsletters.

Health Professional Cessation Program Coordinator, Tobacco Control Unit, Alberta Cancer Board: 2007-2008

Experience: Managed the Health Professional Cessation portfolio at the Alberta Cancer Board

- Organized a provincial meeting for health professionals regarding their role in tobacco cessation. Stakeholders included associations, colleges, and health professionals from across Alberta.
- Created and managed the Ask, Advise, Refer Program (AAR) – a province-wide brief smoking cessation intervention for health professionals to use in assisting their patients in quitting the use of tobacco.
 - Developed materials for AAR including a fax referral form, brochures, and website copy
 - Collaborated with an external advertising team to develop promotional materials
 - Organized and facilitated focus groups of health professionals to advise on AAR materials in Edmonton and Calgary
 - Collaborated with external research partners to develop the AAR evaluation framework
 - Promoted and presented at health professional association conferences
 - Presented on smoking cessation and AAR program at Columbia College for Dental Assistants
 - Registered health professionals in the AAR program
- Hosted the Training Enhancement in Applied Cessation and Health (TEACH) program in Alberta
 - Recruited and hosted over 100 health professionals from across the province in a 3-day accredited training program

- Gained accreditation for TEACH through the College of Registered Dental Hygienists of Alberta, the Alberta Dental College and Association, and the Alberta College of Pharmacists
- Collaborated with external partners to develop and write two large budget proposals for province wide health professional cessation programs
- Assisted in the development and revision of the Provincial Group Cessation Program (QuitCore)
 - Assisted in curriculum development and implementation of training
 - Presented curriculum in the training in three areas: Health Professional Cessation, Tobacco Addiction, and Tobacco Cessation Interventions

Project Manager/Group Therapist, Tobacco Reduction and Cessation (TRaC) Project, Department of Psychiatry, University of Alberta: 2006-2007

Experience: Managed the delivery and implementation of the TRaC project

- Facilitated Group Cessation Program for persons with severe and persistent psychiatric conditions
 - Facilitated a 9-week smoking cessation group with 12 psychiatric patients.
 - Group sessions consisted of: Psychoeducation, Relaxation techniques, Cognitive Behavioural Therapy (CBT), and Motivational Interviewing (MI), Contingency Management, and peer support (18 hrs total).
- Maintained ongoing dialogue with research sites in the project to ensure program delivery and data collection
- Facilitated communication between TRaC training graduates through newsletter, teleconference, and other communications
- Liaised between the various stakeholders involved in the project: two hundred health professionals trained in tobacco reduction, community site contacts, three funding agencies, administrative and accounting personnel
- Monitored and managed project budget, ensuring that the project was delivered within scope, cost, time, and quality
- Managed data collection, entry, and analysis of program evaluation for 88 participants
 - Measures included: Global Assessment of Functioning (APA, 2000), Exhaled carbon monoxide (CO) levels, measured with a piCO Smokerlyzer, The Fagerström Test for Nicotine Dependence (FTND), Smoking Cessation Quality of Life Scale (SC-QOL) (Olufade, Shaw, Foster, et. al., 1999), The Stop Study assessment, Hamilton Depression Inventory
- Assisted in writing proposals, progress reports, and reports of research findings
- Developed and presented posters and papers on behalf of the TRaC project
- Created, revised, and implemented project work plans and timelines
- Supervised two research assistants: Assigned tasks and monitored research

Research Assistant, Tobacco Reduction and Cessation (TRaC) Project, Department of Psychiatry, University of Alberta: 2005-2006

Experience: Participated in all aspects of the TRaC project

- Assisted in the development of curriculum and training manual for health professionals that was published and distributed locally, nationally, and internationally
- Prepared and assisted in implementing training workshops for 200 health professionals to help individuals with severe and persistent mental illness quit smoking.
- Developed, administered, and scored evaluations

- Reported research findings and assisted in writing project proposals and reports
- Performed various administrative and coordination tasks as needed

Research/Program Assistant, Support Intervention for Low Income Women Smokers, Social Support Research Program, University of Alberta: 2004-2006

Experience: Participated in all aspects of the Low Income Women Smokers Project

- Conducted surveys and interviewed participants
- Developed a coding framework and coded qualitative data of focus group interviews
- Data entry, analysis, and reporting
- Conducted focus groups and utilized other participatory research methods to efforts to develop community capacity and engage community members to become active in addressing their needs
- Assisted in developing and writing sections of the group cessation intervention and facilitator curriculum

Mapping Coordinator - North East Edmonton Community Mapping Project: 2005

Experience: Assisted in the coordination of an inter-agency community mapping project to deliver services more effectively to children and families in Edmonton's North East

- Accessed existing community mapping information to avoid duplication
- Gathered information and met with diverse agencies, service providers, and groups to determine neighbourhood strengths and needs
- Attended interagency meetings to access community agencies and share findings
- Facilitated collaborative efforts among stakeholder groups

Researcher - Edmonton Regional Crime Prevention Network Project: 2005

Experience: Obtained contact information for community activities in crime prevention, safety, protective services, health services, and social programs of 22 municipalities in the Edmonton region

- Created a framework for categorizing of information
- Obtained data on available programs related to crime and crime prevention
- Provided information for a large database of resources for residents of Alberta on crime prevention in their communities

Community Based, Participatory Project Coordinator, Partners for Youth East End "Speak Out Beverly": 2005

Experience: Coordinated a community development initiative that examined quality of life indicators for a low-income community in Edmonton.

- Collaborated with multiple partners including social service agencies, non-profit organizations, police, school leaders and businesses of the community
- Initiated contact with community gatekeepers through cold calls, emails and personal visits in order to gain access and entry into "hard-to-reach" populations
- Conducted focus groups and utilized other participatory research methods to develop capacity and engage community members to be active in addressing their needs
- Developed and maintained strong and trusting relationships with partners and community members
- Disseminated results back to the partners and community members, including a summary of over two hundred voices from the community

Research Assistant, Ideology and Everyday Practice in Employed Mothers' Health Decision Making, Faculty of Nursing, University of Alberta: 2005

Experience: Qualitative research: Coded and analyzed transcribed interviews on health decision making among employed mothers

Graduate Research Assistantship, Centre for Health Promotion Studies Research Seminar Series, University of Alberta: 2003-2004

Experience: Planned and organized a monthly research seminar series for graduate students, faculty members and the community

Occupational Health, Summer Studentship: 2003

University of Alberta, Department of Public Health Sciences

Pesticide Use and the Health of Farmers

Experience: Coded survey data (qualitative and quantitative)

Supervisor: Dr. Nicola Cherry

Applied Research Topics on Visual Impairment, Psychology Research Course: 2003

University of Alberta, Department of Psychology and Canadian National Institute for the Blind (CNIB)

An evaluation of The Canadian National Institute for the Blind Seniors Peer Support Program

Professor: Dr. Eugene Lechelt

Perceptual and Cognitive Development, Psychology Research Course: 2002

University of Alberta, Department of Psychology

The relationship between gender-role stereotypes and toy preference in children between the ages of three and five years old

Professor: Dr. Elena Nicoladis

Applied Developmental Psychology, Independent Research: 2001-2002

University of Alberta, Department of Psychology

The Development of Scientific Literacy Skills: Evaluating Reports of Scientific Research in the News and on the Net

Supervisor: Dr. Gay Bisanz

Faculty of Nursing, Summer Studentship: 2001

University of Alberta, Faculty of Nursing

Knowledge Utilization Studies in Practice

Supervisor: Dr. Carole Estabrooks